


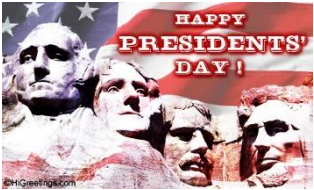


Monday	Tuesday	Wednesday	Thursday	Friday
2019 			2% Milk, Regular Coffee, Decaffeinated Coffee, Tea, and Ice Water offered Daily	2/1 Stuffed Shells Marinara Sauce* Italian Green Beans* Or Sweet Potato Soup Tuna Melt
2/4 Meatloaf w/ Gravy Mashed Potatoes Buttered Carrots* Or Lentil Soup Chicken Salad Sandwich	2/5 Herb Chicken* Swiss Chard* Rice Pilaf* Or Split Pea Soup Caesar Salad	2/6 Broccoli Cheddar Quiche Home Fries* Roasted Squash* Or Chef's Choice Soup Turkey Ruben	2/7 Swedish Meatballs Buttered Egg Noodles** Seasoned Mixed Veg* Or Onion Soup Asian Chicken Salad*	2/8 Chicken Quesadilla Rice**, Refried Beans fresh Pico de Gallo* Or Navy Bean Soup Deli Ham Sandwich
2/11 Island Roast Pork Seasoned Rice * Roasted Cauliflower* Or Beef Barley Soup Deli Turkey Sandwich	2/12 American Chop Suey Roasted Squash Medley* Or Chefs Choice Soup Grilled Chicken Salad*	2/13 Baked Potato Bar All the Fixins Or Minestrone Soup Ham & Swiss on a Croissant	2/14 Happy Valentine's Day Chicken Caprice Asparagus/Mushroom Risotto Steamed Broccoli* Or Sweet Potato Soup Spinach Salad**	2/15 Mediterranean Baked Fish* Sundried Tomato Couscous* Sautéed Swiss Chard* Or Tortellini Soup Cold Cut Sandwich
2/18 	2/19 Open Faced Turkey Sandwich Roasted Red Potatoes* Sugar Snap Peas ** Or Onion Soup Lettuce Wedge	2/20 Shepherd's Pie Gravy*, Baby Carrots** Or Turkey Noodle Soup Ham & Pickle Sandwich	2/21 Meatball Sub Seasoned Broccoli* Potato Chips Or Chicken Rice Soup Caesar Salad	2/22 Lemon Baked Fish* Au Gratin Potatoes Sautéed Swiss Chard* Or Italian Wedding Soup Deli Turkey Sandwich
2/25 Stuffed Peppers Smashed Potatoes Mexicali Corn* Or Fish Chowder Egg Salad Sandwich	2/26 Sloppy Joe's Seasoned Fries Steamed Corn* Or Stuffed Pepper Soup Greek Salad	2/27 Pasta Carbonara Seasoned Broccoli* Or Chunky Tomato Basil Soup* Grilled Ham and Cheese	2/28 Bangers and Mash W/ Onion Gravy* & Peas** Or Pasta Fagioli Chef Salad	Fresh Fruit, Pudding and Jell-O offered Daily House Made Dessert On Thursdays

Signatures

Lunches \$3.50. **Cash Only.**

* =Low Sodium ** = Very Low Sodium

SERVED DAILY FROM 11:30A.M.-12:30P.M. If you have an allergy please let your server know!

RESERVATIONS REQUIRED 1 DAY IN ADVANCE. PLEASE CALL 787-6785 BY 2:00P.M. MENU SUBJECT TO CHANGE!