

Stay updated. Stay ahead. Monthly

TECHeasy

get to know the new

COMPUTER INSTRUCTOR

DO NOT STAY BEHIND THE FUTURE IS HERE.

"Modern problems require modern solutions"



COMPUTER SKILLS



DAILY TIPS



PC WORLD NEWS



Step Into the Spotlight:

We're asking the community about tech, hobbies, and more.

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Contact Dio at:

 (413) 750-2090

COMPUTER LAB ROOM 109

MEET THE NEW COMPUTER INSTRUCTOR DIO GOMEZ

"The beautiful thing about learning is that no one can take it away from you."

B.B. King



a day
in my
Life

ABOUT DIO GOMEZ

Born in Puerto Rico and now based in Springfield, Dio Gomez is a technology instructor and professional graphic designer.

Dio blends a rich cultural perspective with technical expertise, dedicated to empowering others through digital literacy and creative innovation.

WHAT DREW YOU TO THIS ROLE WITHIN THE DEPARTMENT OF ELDER AFFAIRS?

My life blends art and technology, as I design brands and create traditional art. Through my work with Springfield Elder Affairs, I empower seniors by teaching them technology, akin to learning a new language. I take pride in transforming tech-confusion into tech-confidence, one lesson at a time.

WHAT DO YOU HOPE TO ACHIEVE IN THIS ROLE?

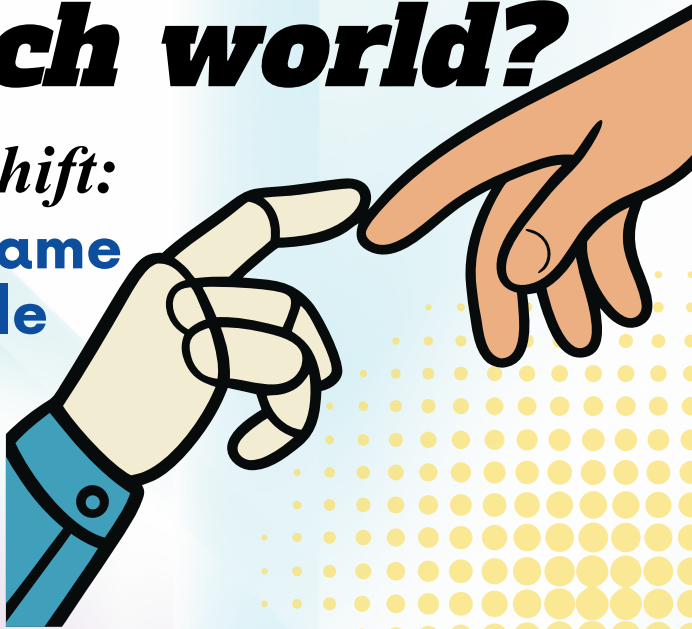
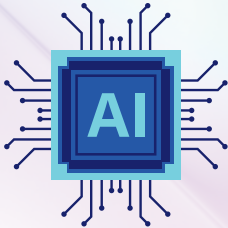
My aim is to transform digital frustration into confidence by simplifying technology through visual lessons, ensuring every senior in our community stays connected, secure, and independent.

WHAT DO YOU ENJOY ON YOUR TIME OFF?

When I'm not busy, I enjoy hanging out with my son, playing games, and helping him with reading and math. I'm also revisiting my creative side with art, learning 3D printing, and making ACEOs (Art Trading Cards). Additionally, I love exploring new restaurants in town and have a particular fondness for popcorn.

What's new to the tech world?

The Great Shift: How AI Became Your Invisible Co-Pilot



Since it's early 2026, the tech landscape has shifted from "talking about the future" to actually living in it

THE RISE OF "HUMANOID" HOME ROBOTS

WE ARE SEEING THE FIRST REAL WAVE OF "GENERAL-PURPOSE" ROBOTS ENTERING THE MARKET.

COMPANIES LIKE FIGURE AND TESLA HAVE MOVED THEIR ROBOTS FROM FACTORIES TO EARLY-ACCESS HOME TESTING



THESE ROBOTS ARE NOW SMALL ENOUGH AND SAFE ENOUGH TO DO LAUNDRY, CLEAR A TABLE, OR HELP AROUND THE OFFICE USING "VISUAL-LANGUAGE-ACTION" MEANING THEY LEARN JUST BY WATCHING YOU!

MASTER YOUR DESKTOP:

SIMPLE PC SECRETS FOR EVERYONE

TECH MADE EASY: YOUR STRESS-FREE COMPUTER GUIDE

HALF-PAGE 1: THE "MAGIC KEYS" (Navigation Tricks)

- **The "Big Undo" (Ctrl + Z)**

Did you accidentally delete a word or move a file? Hold Ctrl and tap Z. It's like a "time machine" that fixes your last mistake instantly.

- **Make Everything Bigger (Ctrl + Plus)**

If the words on a website are too small to read, hold Ctrl and tap the + key. To make them smaller again, hold Ctrl and tap -.

- **The "Find It" Shortcut (Ctrl + F)**

Looking for a specific name or word on a long page? Hold Ctrl and tap F. A search box will appear—type the word, and the PC will find it for you!

- **The "Right-Click" Rule**

If you aren't sure what to do with a file, Right-Click it! Think of the Left click as "Select" and the Right click as "Show me my options."

- **The "Quick Switch" (Alt + Tab)**

If you have too many windows open and can't find your way back to the internet or your document, hold Alt and tap Tab. It shows you everything you have open so you can pick the right one.

- **The "Address Bar" Shortcut (Alt + D)**

Want to go to a new website but can't find where to type the name? Hold Alt and tap D. It will highlight the top bar so you can type "Google" or "AARP" immediately.

THE "COMFORT & CONTROL" GUIDE

The "Night Light" (Save Your Eyes) If the screen feels too bright or is giving you a headache, click the Clock in the bottom right corner and look for "Night Light." It turns the screen a warmer, softer color that is much easier on the eyes.

The "Peek" Shortcut (Windows + D) If you have five different things open and you just want to get back to your clean Desktop, hold the Windows Key (the one that looks like a flag) and tap D. Everything will hide instantly so you can start fresh.

The "Instant Calculator" You don't need to find a handheld calculator! Tap the Windows Key and just start typing the word "Calc." The computer's calculator will pop up instantly for all your math needs.

The "Scroll Wheel" Trick Did you know the wheel on your mouse is also a button? If you click the wheel while hovering over a link on the internet, it opens that link in a New Tab so you don't lose the page you were currently reading.

The "Undo" for Tabs (Ctrl + Shift + T) Did you accidentally close a website you were still reading? Don't panic! Hold Ctrl and Shift, then tap T. The computer will "resurrect" the tab you just closed!



DID YOU KNOW? YOU DON'T HAVE TO "DOUBLE-CLICK" EVERYTHING. YOU ONLY NEED TO DOUBLE-CLICK ICONS ON THE DESKTOP. IF YOU ARE CLICKING SOMETHING AT THE BOTTOM OF THE SCREEN (THE TASKBAR) OR A LINK ON THE INTERNET, ONE SINGLE CLICK IS ALL IT TAKES!

Community Spotlight



ESTHER HUDSON

WHAT IS YOUR FAVORITE PART ABOUT BEING PART OF THIS COMMUNITY?

I enjoy the Senior Center Community because it gives me access to many programs and the opportunity to meet new people.

WHAT WAS THE VERY FIRST PIECE OF TECHNOLOGY YOU REMEMBER BEING AMAZED BY?

WIFI - Connecting to resources outside of my home is convenient and allows me to be comfortable in my own environment.

IF YOU COULD HAVE A 'HUMANOID ROBOT' HELP YOU WITH ONE SPECIFIC CHORE AT HOME, WHAT WOULD IT BE?

A kitchen helper robot that can help me do the dishes. This would free up my time to focus on other household chores.

PERSONAL TECH SUPPORT:

AT THE COMPUTER LAB ROOM 109 WE OFFER 1-ON-1 COACHING TO HELP YOU:

- **Navigate with Ease:** Learn how to find exactly what you need without the stress.
- **Meet Your Goals:** Whether it's checking email, writing a letter, or searching the web, let's make it happen.
- **Phone Help, Too:** Having trouble with your mobile device? We can look at that together.





QUIZ TIME!



1. You accidentally deleted a word. Which shortcut fixes it instantly?

- a) Alt + Tab b) Ctrl + Z c) Windows + D

2. To make small words on a website bigger, hold Ctrl and tap:

- a) The + (Plus) key b) The - (Minus) key
c) The Enter key

3. When should you use a "Double-Click" instead of a single click?

- a) On internet links b) On the Taskbar
c) Only on Desktop icons

4. You closed a website tab by mistake! Which shortcut "resurrects" it?

- a) Ctrl + Shift + T b) Alt + D c) Ctrl + F

5. If you aren't sure how to handle a file, what should you do?

- a) Left-click twice b) Right-click for options
c) Press Windows Key

6. Which feature makes the screen warmer and easier on the eyes?

- a) Night Light b) Instant Calculator
c) The Peek Shortcut

SUDOKU GAME

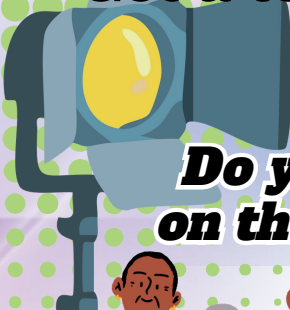
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Got a tech insight or a big idea?

Shape the next issue, share your voice with the community.

Do you want to be the next on the community spotlight?

Action



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CREATED & PUBLISHED BY DIOMARIS GOMEZ

QUIZ ANSWERS: 1. b) Ctrl + Z | 2. a) The + (Plus) key | 3. c) Only on Desktop icons
 4. a) Ctrl + Shift + T | 5. b) Right-click for options | 6. a) Night Light

Computer Lab Hours

DIO GOMEZ

Mon: 11am - 3pm
 Tue: 9am - 2:00pm
 Wed: 11:00am - 3:00pm
 Thu: 9am - 2:30pm
 Fri: OFF

FRANK

Mon: 9am - 11am
 Tue: OFF & Thu: OFF
 Wed: 9am - 11am
 Fri: 9am - 11am

City of Springfield
 Department of Elder Affairs

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(413) 750-2090

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