



## THE CITY OF SPRINGFIELD, MASSACHUSETTS

MAYOR DOMENIC J. SARNO

*HOME OF THE BASKETBALL HALL OF FAME*

### **PRESS RELEASE**

FOR IMMEDIATE RELEASE

**Monday, April 25, 2016**

**Contact:** Marian Sullivan, Communications Director  
(413) 886-5166, [msullivan@springfieldcityhall.com](mailto:msullivan@springfieldcityhall.com)

#### **Project Baby Springfield Releases *100 Acts of Kindness Towards Pregnant Women* Awareness Video**

Springfield, MA – Project Baby Springfield (PBS), a working group of the Springfield Department of Health and Human Services and their Maternal-Child Health Commission, released a new video today to correspond with their initiative, 100 Acts of Kindness Towards Pregnant Women. The mission of PBS is address the disparities in health for infants, mothers, and families.

The video uses messages of support and kindness gathered as a part of the 100 Acts of Kindness Towards Pregnant women project. From April to August of 2015, Springfield residents wrote down acts of kindness to support pregnant women, lower stress and improve birth outcomes. The messages were sewn onto a quilt, which hung at City Hall and other locations throughout the City, and voiced by community members for this special video project.

Mayor Domenic J. Sarno is among the many Springfield residents featured in the video, which can be viewed at: <http://projectbabyspringfield.org/>.

More information on Project Baby Springfield can be found on their website, and the City of Springfield webpage at <http://www.springfield-ma.gov/hhs/index.php?id=48>.

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