

Where can I get help finding food?

Online Resources

foodbankwma.org

Go to their website and click “get help” to use the food finder map, it has lists of pantries and meal sites with an online interactive map, you can search by location and by miles away. The bottom of the website also has PDFs of pantries listed by location and day and time of service.

www.413cares.org/food

413 cares is an online database that can help you find food resources including pantries and meal sites, as well as many other resources and services, you can search and sort by zip code

<https://www.buylocalfood.org/hip-map/>

You still have access to your **Healthy Incentives Program (HIP)** benefit if you have any SNAP benefits on your card. Search for HIP vendors by Zip code at [buylocalfood.org/hip-map](https://www.buylocalfood.org/hip-map/)

QR Code for Pantry Sites in Springfield (scan code with phone)



Phone resources

Project Bread's Food Source Hotline: 1-800-645-8333

Hours: Mon-Fri: 8am - 7pm & Sat: 10am - 2pm

Call or text to receive information about food resources in your area or talk to a project bread counselor about programs and food assistance options

The Food bank of Western Massachusetts: 413-247-9738

They can help you find a food pantry near you and can help with your SNAP application

Updates on current situation

Website: www.mass.gov/info-details/november-2025-snap-updates

DTA Assistance Line: 877-382-2363

DTA Connect: DTAConnect.com and DTA Connect App