WANT TO BECOME A LIFEGUARD???

The City of Springfield's Aquatics Division offers Lifeguard Training Classes!

Learn: CPR, First Aid, AED, and Water Rescue Skills

ATTENDANCE AT & FULL PART ICIPATION IN ALL SESSIONS IS REQUIRED FOR ALL CANDIDATES WHO SUCCESSFULLY PASS THE PRE-COURSE SWIM SKILLS TEST*

*PRE-COURSE SKILLS TEST will be held Wednesday, February 14th at 5:30pm at Milton Bradley Elementary School. Please be prepared to pass the following:

- SWIM 300 YARDS (12 lengths of a 25 yd. Pool)
- Surface dive to retrieve a 10 lb. object, & return to the surface
 - 2 Minute Tread without stopping and using your legs only

Now offering FREE certifications for Springfield Public School students!

SPS Students: FREE

Springfield Residents: \$175.00 Non-Springfield Residents: \$225.00

| Location: | Milton Bradley School |
|-----------|------------------------|
| | 22 Mulberry St. |
| | Springfield, MA 01105 |
| Date: | February 20 – 23, 2024 |
| Day: | Tuesday - Friday |
| Time: | 8:00am – 4:00pm |

If you are at least 15 years of age and want to become a lifeguard, call the Aquatics office to sign up at <u>413-787-6298</u>.