

Public Health Month Calendar

Celebrating Public Health in Springfield for 30 Years

Ready, Set, Action!

April 2026



WEDNESDAY, APRIL 1ST

10am - Diaper Bank - 1500 Main St., Suite 220 Springfield, MA 01115

Contact: Teresa Austin at 413-222-4968 or taustin@springfieldcommunityconnections.com

THURSDAY, APRIL 2ND

11am - Chair Yoga for Seniors & Friends - Indian Orchard Branch Library 44 Oak St. Indian Orchard, MA 01151

Contact: Peggy Dialessi at (413)263-6846 or pdialessi@springfieldlibrary.org

FRIDAY, APRIL 3RD

11am - La Leche League Breastfeeding Support Group

East Forest Park Branch Library 136 Surrey Rd. Springfield, MA 01118

Contact: Arlien Ricciardi at (413)263-6836 or aricciardi@springfieldlibrary.org

SATURDAY, APRIL 4TH

10am - Collective Care Center for Perinatal Wellness - 32 Hampden St., 4th Floor, Springfield, MA

Contact: Jenise Katalina at (413)342-0552 or Jenise@wochec.org

10am - Youth Mental Health First Aid Virtual Training - Register at: <https://forms.gle/Z1dPZ8YFJ8i3Cg9N9>

11-2pm - Annual Community Easter Egg Hunt - Samuel Bolden Park Springfield, MA

Contact: Kim Rivera 413-504-8618

12-2pm - WIC Information Table - Springfield South WIC 816 Main St., Springfield, MA 01105

Contact: Taj-Kamau Robinson (413)799-1531

TUESDAY, APRIL 7TH

10am - Coffee Talk with Community Connections - 1500 Main St. Suite 220 Springfield, MA 01115

11am-2pm - Ready, Set, Action @ the Deborah Hunt Prevention & Education Drop-In Center

607 State St., Springfield, MA 01109 Contact: Anthony Perry 413-747-5755

WEDNESDAY, APRIL 8TH

10am - Diaper Bank - 1500 Main St. Suite 220 Springfield, MA 01115

Contact: Teresa Austin at 413-222-4968 or taustin@springfieldcommunityconnections.com

4pm - Woven Together Intergenerational Village Quilt Project Unveiling - The Intersection at Tower Square

1500 Main St., Springfield, MA 01115 - Contact: Karen Finn at info@springfieldculture.org

THURSDAY, APRIL 9TH

11am - Chair Yoga for Seniors & Friends - Indian Orchard Branch Library 44 Oak St. Indian Orchard, MA 01151

SATURDAY, APRIL 11TH

11:30am - Learn Tai Chi - East Springfield Branch Library 21 Osborne Terrace Springfield, MA 01104

Contact: Lee Moonan at (413) 263-6840 or lmoonan@springfieldlibrary.org

12-2pm - WIC Information Table - Springfield South WIC 816 Main St., Springfield, MA 01105

MONDAY, APRIL 13TH

11am - MCHC Public Health Forum: Reimagining Postpartum: Holistic Healing, Rights, and Community Support Educare, 100 Hickory St., Springfield, MA - Contact: Jenise Katalina at (413)342-0552 or Jenise@wochec.org

In person and at <https://bit.ly/4dewBOT>

TUESDAY, APRIL 14TH

10am - Coffee Talk with Community Connections - 1500 Main St. Suite 220 Springfield, MA 01115

WEDNESDAY, APRIL 15TH

10am - Diaper Bank - 1500 Main St. Suite 220 Springfield, MA 01115

THURSDAY, APRIL 16TH

11am - Chair Yoga for Seniors & Friends - Indian Orchard Branch Library 44 Oak St. Indian Orchard, MA 01151

SATURDAY, APRIL 18TH

10am - Coffee Talk with Community Connections - 1500 Main St. Suite 220 Springfield, MA 01115

12-2pm WIC Information Table - Springfield South WIC 816 Main Street Springfield, MA 01105

12:30pm - Poetic-Activity-Utilizing-Self-Expression: - E. Spfld. Library 21 Osborne Terrace Springfield, MA 01104
Contact: Angela Vickers at (413)263-6840 or apeters@springfieldpubliclibrary.org

MONDAY, APRIL 20TH

1pm - Our Community Our Lives: A call to action against OUD
Monty's Unisex Barbershop & Salon 946 State St., Springfield MA 01109
Contact: Della Blake at (413)355-9123

7pm - Diabetes Undone - 1118 Sumner Ave. Spfld MA 01118 Contact: Frank Torres 413-222-6561

TUESDAY, APRIL 21ST

10am Coffee Talk with Community Connections - 1500 Main St. Suite 220 Springfield, MA 01115

WEDNESDAY, APRIL 22ND

10am - Diaper Bank - 1500 Main St. Suite 220 Springfield, MA 01115

4-6pm - Our Hands Hold The Memory: Mapping Our Maternal Stories at The Intersection, Tower Square
1500 Main Street Springfield, MA 01115 - Contact: Shenell Ford at sford@springfieldcityhall.com

THURSDAY, APRIL 23RD

10am - Crayon Drive - 1500 Main St. Suite 220 Springfield, MA 01115
Contact: Teresa Austin at 413-222-4968 or taustin@springfieldcommunityconnections.com

11am - Chair Yoga for Seniors & Friends - Indian Orchard Branch Library 44 Oak St. Indian Orchard, MA 01151

FRIDAY, APRIL 24TH

9:30am - Move More, Live More! - Raymond Jordan Senior Center- 1476 Roosevelt Ave. Springfield MA 01109
Contact: Ariel Mendez at 413-787-6785 or amendez@springfieldcityhall.com

SATURDAY, APRIL 25TH

1pm - Get Involved in the Fight for Clean Air: Opposing Biomass Energy in Springfield
Orchard Covenant Church, 95 Berkshire St, Indian Orchard, MA and at <https://bit.ly/30230hq>
Contact: Naia Tenerowicz at (303)906-3848 or rovingrabbit@protonmail.com

12-2pm - WIC Information Table @ Springfield South WIC 816 Main Street Springfield, MA 01105

2pm - Mason Square C3 Annual Award Ceremony - Sheraton Springfield
Contact: Sonja Shaw at sshaw@massmutual.com or Nicole Coakley at ncoakleyconsulting@gmail.com

TUESDAY, APRIL 28TH

10am - Coffee Talk with Community Connections - 1500 Main St. Suite 220 Springfield, MA 01115

WEDNESDAY, APRIL 29TH

10am - Diaper Bank - 1500 Main St. Suite 220 Springfield, MA 01115

3pm - Community Health Fair - Springfield City Library: Central Library 220 State Street
Contact: Rachel Gravel at (413) 263-6828 or rgravel@springfieldlibrary.org

THURSDAY, APRIL 30TH

11am - Chair Yoga for Seniors & Friends - Indian Orchard Branch Library 44 Oak St. Indian Orchard, MA 01151

11:30am-12:30pm - Live & Learn Series: Fall Prevention
Raymond A. Jordan Center 1476 Roosevelt Ave. Spfld. MA 01109 Contact: 413-787-6785