

For reservations or cancellations please call by 12 noon the day before at 781-2135 or toll free 800-649-3641

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>* High Sodium Entree</p> <p>Suggested Voluntary Donation \$2.00 Per Meal</p> <p>Puree Meals available call GSSSI</p>	<p>Menu subject to change without notice</p>			<p><b>1</b>   Jambalaya, Roman Blend Vegetables, Oat Nut Bread, Reg/Diet Mixed Fruit, Milk</p> <hr/> <p>Calories: 564 Sodium: 619mg</p>
<p><b>4</b>   Salisbury Steak, Mushroom Gravy, Au Gratin Potatoes, Mixed Vegetables, Rye Bread, Reg/Diet Pears Milk</p> <hr/> <p>Calories: 923 Sodium: 992mg</p>	<p><b>5</b>   Roast Turkey, Gravy, Cran. Sauce, Mashed Potatoes Butter Squash, Dinner Roll, Reg (2) Oatmeal Cookies, Diet (1) Oatmeal Cookie, Milk</p> <hr/> <p>Calories: 745 Sodium: 1064mg</p>	<p><b>6</b>   Breaded Alaskan Pollack Krunch Lite, Tartar Sauce, Baked Potato, Confetti Coleslaw, Wheat Bread, Reg/Diet Chocolate Pudding, Milk</p> <hr/> <p>Calories: 995 Sodium: 1163mg</p>	<p><b>7</b>   Buttered Whole Grain Tortellini, Meat Sauce, Broccoli, Italian Bread, Reg/Diet Peach Chiffon, Milk</p> <hr/> <p>Calories: 715 Sodium: 839mg</p>	<p><b>8</b>   BBQ Baked Chicken, Macaroni &amp; Cheese, Tossed Salad w/Dressing, Pumpnickel Bread, Fresh Fruit-Apple, Milk</p> <hr/> <p>Calories: 800 Sodium: 966mg</p>
<p><b>11</b>   *Hot Dog, Hot Dog Bun, Mustard, Relish, Baked Beans, Coleslaw, Fresh Fruit-Orange, Milk</p> <hr/> <p>Calories: 914 Sodium: 1673mg</p>	<p><b>12</b>   Cheese Omelet, Sausage Pattie, Ketchup, Red Roasted Potatoes, Whole Grain Croissant, Reg/Diet Apricots, Milk</p> <hr/> <p>Calories: 992 Sodium: 1029mg</p>	<p><b>13</b>   Baked Chicken, Garlic Sauce, Sweet Potatoes, 12 Grain Bread, Cauliflower Supreme, Reg Birthday Cake/Diet Angel, Milk</p> <hr/> <p>Calories: 906 Sodium: 822mg</p>	<p><b>14</b>   Taco Salad Bowl, Yellow Rice, Shredded Lettuce, Dinner Roll, Reg/Diet Peaches, Milk</p> <hr/> <p>Calories: 639 Sodium: 709mg</p>	<p><b>15</b>   Salmon Filet, Dill Sauce, Rice Pilaf, Carrots, Rye Bread, Reg/Diet Pineapple, Milk</p> <hr/> <p>Calories: 548 Sodium: 541mg</p>
<p><b>18</b>  </p> <p>PATRIOT'S DAY CLOSED (NO MEALS)</p>	<p><b>19</b>   Meatloaf, Beef Gravy, Scalloped Potatoes, Chuck Wagon Corn, Wheat Bread, Tapioca Pudding/Diet Vanilla Milk</p> <hr/> <p>Calories: 948 Sodium: 755mg</p>	<p><b>20</b>   Hamburger, Hamburg Bun, Ketchup, Lasagna Soup, Tomato Cucumber Salad, Reg/Diet Mixed Fruit, Milk</p> <hr/> <p>Calories: 712 Sodium: 938mg</p>	<p><b>21</b>   Chicken A-La-King, Mashed Potatoes, Peas &amp; Carrots, Pumpnickel Bread, Reg Chocolate Cake/Diet Lemon Milk</p> <hr/> <p>Calories: 927 Sodium: 872mg</p>	<p><b>22</b>   Roast Pork, Sauce, Herb Stuffing, Scandinavian Vegetables, Whole Wheat Dinner Roll, Reg/Diet Applesauce, Milk</p> <hr/> <p>Calories: 1160 Sodium: 933mg</p>
<p><b>25</b>   Chicken Broccoli Ziti Casserole, Tomato &amp; Onion Salad, Oat Nut Bread, Reg Butterscotch Pudding, Diet Vanilla Pudding, Milk</p> <hr/> <p>Calories: 776 Sodium: 842mg</p>	<p><b>26</b>   Beef Stew, Diced Boiled Potatoes, Tossed Salad, Carrots/Peas, Baking Powder Biscuit, Fresh Fruit-Pear, Milk</p> <hr/> <p>Calories: 642 Sodium: 1024mg</p>	<p><b>27</b>   American Chop Suey, Roman Blend Vegetables, 12 Grain Bread, Reg/Diet Pineapple, Milk</p> <hr/> <p>Calories: 663 Sodium: 589mg</p>	<p><b>28</b>   Baked Chicken, Wine Sauce, Oven Brown Potatoes, Mixed Vegetables, Rye Bread, Reg/Diet Blueberry Yogurt, Milk</p> <hr/> <p>Calories: 577 Sodium: 527mg</p>	<p><b>29</b>   Tuna Salad, Hot Dog Bun, Tex Mex Pasta Salad, Minestrone Soup, Reg (2) Fruit Filled Cookies, Diet (1) Fruit Filled Cookie Milk</p> <hr/> <p>Calories: 884 Sodium: 1162mg</p>