

The Springfield Department of Parks, Buildings & Recreation Management Presents:

# WATER AEROBICS

## Low Impact Water Fitness Classes!

### MILTON BRADLEY SCHOOL

22 Mulberry Street

Tuesdays and Thursdays

Starting - November 18, 2014

4:30-5:30 & 7-8pm - Hydrofit

5:30-7:30 - Family Swim



10 Total Classes!

Aerobics Session cost is \$60

Drop-Ins welcome \$8 per class

**SIGN UP NOW!**

Call Stacey at 413-787-6298

### FAMILY SWIM

Fee is \$2 per person.

Certified Lifeguards will be working to ensure safety.

**Cash or Check Only!**

**JOIN  
NOW!**

