

TENNIS IN VAN HORN PARK

Armory St.
Springfield, MA 01104

Tennis lessons will be offered this summer on the Tennis Courts @ Van Horn Park. Lessons will be offered at the Introductory Level, for children 5-10 years and at the Intermediate Level for youth 11-16 years.

“QUICKSTART TENNIS”

Introductory Lessons will utilize the “QuickStart” teaching method. “QuickStart” is an exciting new way of teaching tennis to youth 5yrs. to 10 yrs. of age. It utilizes special equipment and scaled down tennis courts in order to advance tennis skills while the participants of equal abilities play tennis against other. The objective is to put more youth on the fast track to enjoying the game of tennis while realizing their own potential for playing the game.

YOUTH TENNIS LESSONS

Tennis lessons will also be offered to the more advanced player, ages 11-16 years of age. Participants will learn the progression of the forehand and backhand strokes, the serve, volley and overhead shots. Emphasis will be on skill development in a fun and creative atmosphere.

Lesson Dates and Times for these programs will be as follows:

	Date	Time	Days
Session #1	<u>June 30th thru July 16th</u>	<u>10:00am – 11:30a</u>	<u>TuesdayThursday</u>
Session #2	<u>July 20th thru Aug. 5th</u>	<u>10:00am - 11:30am</u>	<u>Monday & Wednesday</u>

Fees for these programs: \$40.00/ youth for each 3 week session.

Registration: Pre registration can be done by filling out application on back of flyer and mail c/o: Youth Tennis Program

Department of Parks Buildings and Recreation Management
200 Trafton Rd.
Springfield, MA 01108

All other registrations will be done on site on first day of lessons.

Weather Policy: In case of inclement weather the morning of lessons the public are encouraged to call the Park Information cancellation line @ 413-787-6434 and press #1 on the pad. You will be informed if the lessons have been cancelled for the day.

Note; any cancelled lesson will be made up at a date to be determined.