



# The Springfield Star

A publication of the City of Springfield  
Department of Elder Affairs



Mayor Domenic J. Sarno

Good Life Center 1600 E. Columbus Ave. Springfield, MA 01103  
(413) 787-6785 ~ [www.springfieldcityhall/elderaffairs](http://www.springfieldcityhall/elderaffairs)

## November/December 2011

### Department of Elder Affairs Staff

Janet Rodriguez Denney  
*Director of Elder Affairs*  
Katie Collins  
*Fiscal Manager*  
Charlotte Lee  
*Senior Employment Director*

*Employment Specialist*  
Alicia Germain  
SHINE Program Reg. Director  
Lillie Hickerson  
SHINE Program Assistant  
Eliana Franklin  
*Adult Outreach Liaison*  
Alex Martin & Olga Ellis  
*S.O.A.P.*

*Fitness Director*  
Moraima Mendoza  
*Riverview Center Director*  
Kerri Jahn  
*Greenleaf Center Director*  
Mary Troy  
*Hungry Hill Center Director*  
Madeline Cofield  
*Mason Square Center Director*  
Alex Martin  
*Mayflower Center Director*  
Laurel Rancitelli  
*Pine Point Center Director*  
Pastor Morris  
*Greater New Life Christian Ctr.*  
Maddie Allen  
*Forest Park Manor*  
Ed Lubanski  
*Computer Learning Center*  
Carl Perrot & Joe Paxiao  
*Smoke Detector Program*



### City Council Elder Affairs Committee

(Left to right: David Jarnos, Barbara Ritchie, City Counselor Clodo Concepcion, Judith Matt ~ *President-Spirit of Springfield*, Janet Rodriguez Denney ~ *Elder Affairs Director*, Sarafina Ghareeb, Sally Lussier )



### Mason Square Sewing Class ~ They're SEW Happy!

(Left to right: Pauline Webb, Pardellma Hall, Peggy Thomas)

### Springfield Golden Age Club Board Members

**Top Officers**  
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*1st Vice President*  
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787-6785

*Fax: 750-2694*

**Golden Age Club**  
787-6486

**Senior AIDES  
Employment Program**  
787-6126

**S.H.I.N.E.**  
750-2893

**Computer Learning Center**  
750-2090

**Outreach Program/ S.O.A.P.**  
750-2896/ 886-5260

**Smoke Detector Program**  
311

**COA Board Members**

J. Willard Cofield Jr.

Olga Ellis

Donald Evans

Ruth Loving

William Toller

Willinette Williams



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*Department of Elder Affairs ~ Mission Statement*

*The Department of Elder Affairs is dedicated to enhancing the quality of life for senior citizens in the City of Springfield.*

***Director’s Corner***



**Janet Rodriguez Denney**  
**Director of Elder Affairs**  
**City of Springfield, Mass**

It is Annual Open Enrollment time for your Medicare Part D plans until December 7. It ends earlier this year! Our SHINE office is working very hard to get the word out. If you wish to schedule an appointment to evaluate your plan, feel free to call SHINE at 413-750-2893.

Along with Open Enrollment time, it is also time for the Holidays. Can you believe they are already here? I want to wish all of you a Safe, Healthy and Happy Holiday Season!

*Jan*

## *Springfield Golden Age Club*

1600 East Columbus Ave, Springfield, MA 413-787-6486

Dear Golden Age Members,

The Travel Club has held its meeting and you will be getting a list of trips for 2012 soon. I recommend you sign up ahead of time to assure a seat on the bus.



We are working with Jan Denney on a January New Years party that should be fun for all.

I wish you all Happy Holidays and a healthy New Year.

*Annemarie Pajer*

Annemarie Pajer,  
Golden Age President



Bea Ashe a age 77, was the oldest participant in the recent "Fit Springfield" group Zumba event held on October 1st at STCC, representing the Hungry Hill Senior Center and earning herself a t-shirt. Here Bea is shown with her Zumba class instructor, Peggy Sheldon. In addition to the weekly Zumba class, Bea attends aerobics and chair yoga classes at the Hungry Hill Center and is a volunteer for the hot lunch program. Congratulations Bea, we are very proud of you!

# Millie's Educate the Consumer Column

Mayor's Office of Consumer Information - *Working in Cooperation with the MA Attorney General's Office*

## Just Say "No!" to Lottery Sweepstakes

When you receive a letter or phone call congratulating you for winning a sweepstakes, be very skeptical. When money is demanded of you for taxes or services charges, be assured this is a scam. For one, you never have to pay to play! These scam artists target the vulnerable and the innocent and are experts at convincing you that you are a winner. Many have already gathered some general information about you to let you believe they know you and to gain your trust. Scam artists do this to get your attention and then lure you to send them money. Other times they place fear in you when you don't send/wire them any money or refuse to talk to them. The best thing for you to do is to immediately hang up the phone, report it to your local police and tell a family member. Do not keep this a secret! Also ask yourself: Why should I have to pay if I didn't play? How could I have won if I haven't entered the sweepstakes? It's always better to be safe than sorry, so hold on to your hard-earned money!

Courtesy of Milagros S. Johnson, Director, **Mayor's Office of Consumer**

**Information**, a local consumer program funded by the *Massachusetts Attorney General's Office*. Contact us at (413) 787-6437 or visit our website at [www.springfieldcityhall.com](http://www.springfieldcityhall.com).

## Department of Elder Affairs' **SOAP Program\*\*** Senior Outreach Help Line

**Assisted Living info, Caregiver Support, Companion Care, Dental, Employment, Food and Fuel Assistance, Grandparents as parents, Hearing, Housing, Medical Equipment, Transportation and much more.**

**413-750-2896 or 413-886-5260.**

**\*\*SOAP provides information and referral services**



# GOODBYE!

Gloria Wilson and  
Kerry Welch  
have pursued new career  
paths. We wish them all  
the best!



## ***The Medicare Open Enrollment ends on December 7th!***

Every year, Medicare Part D and Medicare Advantage (managed care) plans may change their formularies (list of drugs covered), premiums, co-pays, and deductibles. It's important to review your options EVERY year to make sure you have the plan that works best for you.

Some of the bigger changes to Medicare plans in our area for 2012 are:

1. Seven Medicare Part D plans are leaving and three new ones are entering. ***If you are a member of a drug plan that is leaving, you need to make certain that you have a new drug plan for January 2012.***
2. *Humana Walmart-Preferred Rx Plan* (currently \$14.80/month) will still have the lowest monthly premium of all the stand-alone drug plans (\$15.10/month in 2012).
3. Medigap Supplements will increase their monthly premiums slightly.
4. Two new Medicare Advantage plans will be added – a Blue Cross/Blue Shield HMO and a Fallon HMO.

Trained SHINE (Serving Health Information Needs of Elders) volunteers offer free, confidential counseling on all aspects of health insurance to anyone on Medicare. Call your senior center and ask for a SHINE appointment. You can also call 1-800-AGE-INFO (1-800-243-4636), then press or say 3. Once you get the SHINE answering machine, leave your name and number. A volunteer will call you back, as soon as possible. Please be patient; lots of people need help this year. For assistance from a Medicare customer service representative 24 hours/day, 7 days/week, call 1-800-MEDICARE.

**2011 Medicare Part D  
Open Enrollment is earlier this year:  
October 15-December 7  
*Coverage Changes Effective January 1, 2012***



(L:) Seniors gather at the Riverview Senior Center to hear about changes to Medicare coverage in 2012. (R:) Vanessa Martinez, SHINE Outreach, presents the changes for 2012.



  
**THE  
SHINE  
PROGRAM**  


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**Serving the Health  
Information Needs  
of Elders**


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## TJ O'Connor Furry Friends

Hello, Agnes here. I am a female, 5 year old, tiny Chihuahua. I am a lap dog and I will let you know that you have NO business stopping petting me!! The minute you stop, I will nudge and nudge and nudge you until you resume!! I am very, very tiny, so my adoptive family will have to be gentle with me. Because of that, I may not be a super good choice for kids. However, if the kids are considerate and kind with dogs and we are ALWAYS supervised by an adult, then maybe it could work. A lap is a terrible thing to waste! Don't let yours go unfilled! Visit me soon!

Kids 10+ recommended. Dogs and cats okay. We would reduce the adoption fee by nearly 50% for a senior. The adoption fee is normally \$175. For a senior who mentions The Springfield Star, it would be \$90. All dogs and cats go home already spayed, microchipped, blood test for either heartworm (dogs) or leukemia (cats) and all vaccinations that are due at the time. Dogs are also licensed for Springfield residents included in the adoption fee.



*A study published in the Journal of the American Geriatrics Society demonstrated that independently living seniors that have pets tend to have better physical health and mental wellbeing than those that don't.*

Adoption Center is at 627 Cottage Street (413) 781-1022



### The American Cancer Society HOPE LODGE in Boston

*By Laurel Rancitelli*

It seems these days that by the time we reach our senior years, we have been touched by cancer in some way or another – either personally or through the battle of a loved one. Recently, THE SPRINGFIELD STAR wrote about a revolutionary and highly specialized radiation treatment (proton radiation) available for cancer patients at MassGeneral Hospital. What many people don't know is that there is free lodging available for anyone in Springfield who may need to undergo such treatment OR for (any) cancer treatments at Beth Israel

Deaconess, Boston Medical, Dana Farber or Brigham and Women's. In 2008, doors to The Astra Zeneca Hope Lodge were open to anyone seeking Boston cancer treatment that lived far enough away that it would be considered a hardship to travel back and forth daily. Springfield residents qualify.

The Hope Lodge has provided totally free lodging and support for thousands of cancer patients since then. It is a state of the art modern facility with beautiful décor and all the amenities of home, including, but not limited to – Washers and dryer, personal refrigerator space, fully equipped kitchens, a small theatre-movie room, courtyard, deck for barbecues, exercise room, a library, computer room, large den, music room with grand piano, private spaces and 40 suites. Each suite comes with 2 beds (bring your loved one) and an attached bathroom and living room with TV, radio and free internet access.

There is free shuttle service to your treatments or you may take the T-rail, right across the street or drive your own car. Many patients are well enough to walk to Dana Farber! The Hope Lodge is free to you regardless of income and is subject to space availability and Dr. referral. The atmosphere is supportive, encouraging and home-like. One can become involved in activities or be more private. It is a personal choice.

If you are a veteran you may prefer to stay at the Huntington House directly across the street.\*\*

\*For more info on The Hope Lodge call 617-396-5511, <http://www.cancer.org/Treatment/SupportProgramsServices/HopeLodge/Boston/index> or ask your oncologist.

\*You may call Laurel Rancitelli, Pine Point Sr. Center Director at (413) 732-1072 for more details or specific information on what to bring and what the Hope Lodge is like. \*\*For info on The Huntington House, call 617-232-9500 or 1-800-865-3384.

## Mayflower Center

Director: Alex Martin

Open Mon-Fri 9:00 am-2:00 pm - 1516 Sumner Ave. 782-4536

Lunches provided by Greater Spfld Senior Services Inc. \$1.75 suggested donation

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:00a.m. Easy Does it Exercise 10:00a.m. Line Dancing <b>Brown Bag Day Nov 14th</b>	9:00 Coffee w/ friends 10:00a.m. Sweating to the Spirit registration required 11:30a.m. Dominoes Beginners & Ad- vanced	9:00a.m. Easy Does It Exercise 10:00 a.m. Meditation Neighbors Helping Neighbors 11/16 & 12/21 @ 11:15a.m. Wii Bowling Nov. 30th 11:15a.m.	9:00 a.m. Coffee w/ friends Lunch ~ Dining w/style Appetizers @11:30 a.m. Lunch @ 11:45a.m. 11/3 Grilled chicken 11/17 Thanksgiving lunch	8:45a.m. Tai Chi 10:00a.m. Diabetic Clinic including Blood pressure check 10:00 a.m. Weight Loss Support Group / Registration required

*Special Wellness Clinic ~ Including "Free Foot-care" Bring your own clippers & towel. Wed. Nov. 9, 2011 Registration Required / Closed for Thanksgiving Nov. 24th / December Lunches Dec. 1st & 15th, please register / Divas & Gents Karaoke: Wed Dec 28th @11:15a.m. / New Years Party: Fri. Dec. 30th 10:00a.m.-2:00p.m. Games & Door Prizes, Bring a Friend, registration required / Home of the Technograys: Older adults who embrace technology, email us: mayflowercenter@verizon.net*

## Riverview Center

Open Mon-Fri 9:00 am-4:00 pm

122 Clyde St., 787-5220

Director: Moraima Mendoza

Hot Lunch Served Daily at 11:15. Pre-Registration Required

*Lunch ~ \$1.75 Suggested Donation. Lunches provided through Greater Spfld Senior Services*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:30-11:00 Dance & Move- ment 10:00 Walks, Dancing & Stretching 12:30 English Classes 12:30 Bingo & Dominoes	9:30-11:00 Arts & Crafts 12:30 Bingo & Dominoes 1:00-3:00 Sew- ing	9:00 Foot Care, Glucose & Blood Pres- sure Clinic 9:30-11:00 Dance & Movement 9:30 Fitness Walk & Strength Class 12:30 Bingo & Dominoes	9:30-11:00 Arts & Crafts 12:30 Bingo & Dominoes 12:30 English Classes 1:00-3:00 Sewing	9:30-11:00 Dance & Movement 12-1:30 Arts & Crafts 12:30 Bingo & Dominoes

## Greater New Life Christian Center

Open Tues & Thurs 11a.m.-3p.m. Contact: Pastor Morris -413-304-2077

1323 Worcester Street, Indian Orchard

**TUESDAY**

**THURSDAY**

11:30-1:00 Senior Luncheon 1:00-2:00 Fun & Games 1:00-2:00 Afternoon Prayer 2:00-3:00 Cyber 4 Seniors/Intro to computing	11:00-11:45 Arts & Crafts 12:00-1:00 Fitness Hula Hoop & Aerobics for Seniors 1:00-3:00 Day Spa (manicure, pedicure, facials etc.)
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1st Thursday ~ Senior Bible Class  
2nd Thursday ~ Afternoon Movie  
S.O.A.P. Springfield Older Adult Program, helping  
you with information for :fuel, food, transportation and  
much more (Grant Provided by Greater Spfld Senior  
Services Inc.

\*\*\* Note: Schedule subject to change

## Greenleaf

Director: Kerri Boland-Jahn

Open Mon-Fri 9:00 am-3:00 pm ~ 1187 1/2 Parker Street ~ 750-2873  
Hot Lunch Served Mon.& Wed. from 12:00-1:00 \$1.75 Suggested Donation. Reservations required

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:00 Coffee Hour & Walking Club 9:00a.m Jewelry Making Class 3rd Monday 12:00 GSSSI lunch	9:00 Coffee Hour & Walking Club 10:30 Walk & Strength 12:00 Zumba Gold 1:00-3:00p.m Line Dancing	8:30 1st Wed. of the month Foot Care (by appt.only) 9:00 Coffee Hr & Walking Club 10:00 <i>NEW!</i> Dancercise 12:00 GSSSI lunch	9:00 Coffee Hour & Walking Club 12:00-3:00 Play Pitch <b>Every Thursday</b> \$2.00 (high score & door prizes)	10:30 New instructor for Ballroom Dance lessons Start date Dec. 2nd Call for more info 1:00 -3:00p.m. Golden Age Club Mtg

- ~ Jewelry class Nov21st & Dec 19th ~ classes start at 9:00a.m.
- ~ Blood Pressure 1st Monday of the month ~SHINE Counselor ~ by appointment
- ~ Ms Senior Massachusetts Monthly Meetings 2nd Wednesday of the month
- ~ Thanksgiving Day Celebration Wed. November 16, please call for reservations
- ~ Christmas Celebration Meal Wed December 21st, please call fro reservations

## Hungry Hill at Raymond Sullivan Safety Complex

Director: Mary Troy ~ Open Mon-Fri 9:00 am-3:00 pm  
1212 Carew Street ~ 733-9411

MONDAY	TUESDAY	THURSDAY	FRIDAY
10:30 Light Aerobics (\$3.00 per month) 1:00 Chair Exercise	10:00 Craft 12:30 Pokeno  <b>Lunches</b> <u>Nov. 8th &amp; 22nd</u> <u>Dec. 13th &amp; 27th</u>	10:30 Video Exercise followed by Strength training  <b>Neighborhood Council Mtgs at 7:00pm</b> Call for Dates	10:00 Line Dance 11:15 Zumba Gold (\$2.00 per class or \$5.00 per month)

- ◇ Lunch provided through Greater Springfield Senior Services—Reservation one week in advance.
- ◇ Craft group meets at 10:00 am each TuesdayMaterials are supplied, just stop in and enjoy the company.
- ◇ Health Screenings call for dates
- ◇ Footcare by Pedi-care nurses Monday by appointment.

## Forest Park Manor

Open Tues & Thurs 11a.m.-2p.m. Director: Maddie Allen  
24 Barney Lane ~ 787-7714

TUESDAY	THURSDAY
11:00 Health & Wellness Speaker 1:00 Exercise w/Kerry 1:00 Chat w/Elaine from Jewish Family Services  ***Note: Schedule is subject to change	<b>1st Thurs</b> ~ 11:00 Line Dancing / 1:00 Game Day <b>2nd Thurs</b> ~ 10:00 Vietnamese Mothers' Group / 1:00 Residents Mtg <b>3rd Thurs</b> ~ 11:00 Meet your neighbors <b>4th Thurs</b> ~ Brown Bag <i>SHINE counselor every Thursday</i>

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## Mason Square

Acting Director: Madeline Cofield

Open Mon-Fri 8:00 am-4:00 pm - 439 Union Street, Emerson Hall 733-3917  
Hot Lunch served daily at 11:30 am. Provided by GSSSI \$1.75 Suggested Donation.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:00 Coffee & Chat  10:30 Bible Study 1:00 Movie	9:00 Coffee & Chat  Sewing & Crafts 12:00 Bingo !!!	9:00 Coffee & Chat 9:00 Manicures by appt 12:30 Blood Pressure 1-2:00 Chair Aerobics SHINE-(last Wed of the month) "Living Longer Better"(3rd Wed)	9:00 Coffee & Chat Sewing & Crafts 12:30 Bridge <b>3rd Thursday</b> <b>10:30 am</b> <b>Brown Bag &amp; SNAP</b> Manicures by appt	9:00 Coffee & Chat 12:30 Domino's 1:00 Movie 2nd & 4th Friday
Nov 1, 2011 ~ Basketball Hall of Fame 10a.m.- 3p.m. ~ Nov. 8, 2011 ~ Election Day Bake sale and raffle Nov. 9, 2011 ~ Dr. Kerr, BSMC Health Series ~ Nov. 15th & 22nd Tai-Chi Nov. 16th Thanksgiving Meal and Gathering 11:30a.m. Faux Fur Project <b>NEW</b> ~ Monthly VNA Wellness Clinic Dec. Holiday Bazaar and Bright Nights ~ Call for more details				

## Pine Point

Open Mon-Fri 9:00 am-3:00 pm ~ 335 Berkshire Ave, 732-1072

Director: Laurel Rancitelli

Hot Lunch Served Daily @ from 11:45am Provided by GSSSI ~ \$1.75 Suggested Donation

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10:00 Losers are winners support group! (weight loss) 1:00 Card Playing <i>Manicures once a month ~ Call for appt.</i>	9:00 Chair Exercising 10:00-12:00 Cards 1:00 - 3:00 Bingo Monthly\Chair Massage by appt Pine Pt. Council Mtgs 2nd Tues 7:00p.m.	1:00 Card Playing <b><u>FOOT CARE</u></b> <b>Monthly by appoint.</b> 9:00-10:30 -Breakfast Support Group (free Danish & coffee- 4th Wed.)	9:00 - 10:00 Chair Exercising 1:15 Golden Ages Coffee, Pastries & Bingo <b><u>Visiting Nurse</u></b> <b><u>last Thurs /month</u></b>	10:00 Losers are winners support group! (weight loss) 1:00 Pokeno & drop-in crafts 1:00 Movie (3rd Fri.)
Nov. 2, 2011 Jewelry (\$3) Features 'regular', angels and gift giving 9:30 AM Nov. 15, 2011 SHINE (Last call! Health ins.changes) 10:30AM Dec. 7, 2011 Jewelry making for Christmas giving & more! 9:30 AM  PINE PT. CHRISTMAS PARTY & SING-A-LONG. FREE FOOD AND FUN! DATE TBA. <u>ALL ARE</u> invited!				

## Good Life Center

Open Mon-Fri 8:00 am-4:00 pm - 1600 E.Columbus Ave, 787-6785

### Available programs/services

**Outreach Program** It serves as the primary vehicle for providing information and referral services for seniors in the Springfield area.

**Golden Age Club** Provides Social/Recreational services to eleven branches across the city.

**Senior AIDES Employment Program-** Provides useful, meaningful community service employment to eligible low-income, disadvantaged mature workers.

**S.H.I.N.E** The SHINE Program is Massachusetts' State Health Insurance Program that provides free, one-on-one health insurance information, counseling and assistance to Medicare beneficiaries of all ages.

**Computer Learning Center** Seniors can learn to use email, the internet, and computer programs.

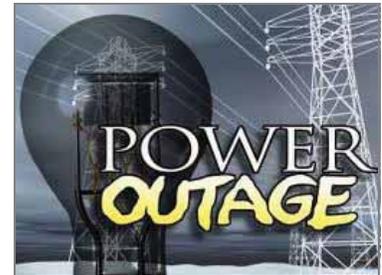
## Feeling the Effects of **Snowtober?**

### **Tree Debris Removal:**

Springfield's Department of Parks, Facilities and Recreational Management and the Department of Public Works wants Springfield residents to know that trees and tree branch debris can be placed on city tree belts and along the edge of the street on residential properties (for houses without tree belts) and it will be picked up in the coming days as crews primary focus is on opening city streets. The City of Springfield also reminds contractors who have been hired by residents that they are responsible for their own debris removal. The City will not remove debris generated by hired contractors. Residents are encouraged to contact their homeowners' insurance company for questions about insurance coverage regarding large trees and branches on private property.

### **City Inspectional Services for Electric and Gas:**

If electrical service wires have been torn from the structure, property owners much contact an electrician to reconnect the power line supply. The electric company will only reconnect the power supply to the structure. Inspectional Services can be reached at (413) 787-6031.



### **Do you have an INSURANCE Claim?**

There are three types of insurance that can help in the event of a storm. Each type of insurance covers a different kind of loss. However, no matter what type of insurance policy you have, don't expect it to make you whole. Both homeowners insurance policies and flood insurance policies tend to be very limited in terms of what they cover.

**Homeowners Insurance:** Homeowners insurance policies typically do not cover water damage that is caused by flooding, including water that seeps into a house through a basement or as a result of a sewer backup. However, homeowners insurance policies do cover damage caused by water that comes in "from above" like heavy rain.

**Auto Insurance:** If you have comprehensive coverage on your vehicle, your vehicle is insured for most types of damage result from storms. Please note, however, that comprehensive coverage is separate from collision coverage.

**Flood Insurance:** Some consumers who live in flood zones have separate federal flood insurance policies through the National Flood Insurance Program (NFIP). However, even this flood insurance is quite limited in what it covers.

A message from the Department of Elder Affairs:

During this regional power crisis, I've heard that people feel like they're living on Little House on the Prairie. To an extent, they're correct. One of the Senior Center Directors had to get home to start a fire before the house got too cold for the night. I've also heard that this type of crazy weather and residual effects will continue to happen. When you need someone to turn to, call us! We will help in any way that we can— providing food, shelter, showers, and basic necessities to helping you find a contractor or repair company. All we can do is be prepared like the Boy Scouts. Here are some things to remember to be better prepared:

1. Have an emergency kit with canned food, manual can opener, bottled water, candles, flashlights, batteries, matches, and blankets.
2. Dispose of spoiled food. Do not try to consume it. If you need food, come to a shelter.
3. During a power outage, turn off the Main Breaker at the Electrical box. When the power comes back on, it will surge into the box, and could cause an explosion and fire.
4. Generators and grills need to remain outside where they can be vented. Carbon Monoxide poisoning is DEADLY.
5. Use Common Sense.
6. Remember the days of borrowing a cup of sugar from your neighbor? Be neighborly. Check on your neighbors, especially the elderly, to make sure they are well. If they are not, call someone qualified who can help.
7. Share the work in clean-up on your street. It will move things along for everyone!
8. Set up a phone tree or a visiting system. If you live in a building, one person should visit the residents on their floor. If someone is unresponsive, call the Senior Center or 911 for a wellness check.
9. Get a car charger for your cell phone.
10. Be patient waiting for services and life to return to normal.

If you have an emergency, call 911.

If you have a non-emergency , call 311.

To reach us Elder Affairs, call 787-6785.



**City of Springfield, Massachusetts**  
*Department of Elder Affairs*

We're here to help when you need us!



**Chapin Center**  
 AGE Institute of Massachusetts, Inc.  
 A NOT FOR PROFIT CORPORATION  
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