

# PUBLIC HEALTH MONTH CALENDAR AT A GLANCE

April 2008					
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
AWARENESS	<b>1</b>  <b>“ALCOHOL MONTH”</b>	<b>2</b> <b>“Footcare”</b> ; 9AM; Greenleaf Comm. Ctr.; 1188 Parker St. 750-2873 <b>(By appointment only.)</b>  Sponsored by: Elder Affairs	<b>3</b> <b>“FOOT HEALTH AWARENESS MONTH”</b>  <b>**“Unnatural Causes” will be aired on PBS</b> Check local listing.	<b>4</b>  <b>“Health Fair”</b> ; 2-4PM; Main St., (across Peter Pan) 747-0090  Sponsored by: Spfld. College Students	<b>5</b>
<b>7</b>  <b>Public Health Month Kick-Off</b> ; 10AM At City Hall   <b>“Youth Empowerment Adolescent Health Network Meeting</b> ; 3-6:30PM; Baystate Medical Center Conference Ctr.; 361 Whitney Ave., Holyoke; 794-2281 Sponsored by: YEAH Network	<b>8</b>  <b>“NATIONAL CHILD ABUSE PREVENTION MONTH”</b>	<b>9</b>  <b>“Heart and Stroke Jeopardy”</b> 11AM; Mason Sq. Senior. Ctr., @ Emerson Hall 439 Union St. 733-3917  Sponsored by: Mason Square Ctr.   <b>“Staying in the Game”</b> ; Prostate Cancer Educational Event for Men; 4- 9PM; YMCA of Greater Westfield; 67 Court St., Westfield 493-2120 Sponsored by: American Cancer Society	<b>10</b>  <b>“Food Stamp Information Session for Seniors”</b> ; 12-1:30PM; Mason Sq. Sr. Ctr.; 439 Union St. 733-3917 Sponsored by: Mason Square Ctr.  <b>“Healthy Lungs”</b> ; 5:30- 7:30PM; Brightwood Health Ctr., 380 Plainfield St. 244-7134 Sponsored by: American International College Nursing Students  <b>**“Unnatural Causes” will be aired on PBS</b> Check local listing.	<b>11</b> <b>“ Child Welfare League of America Flag Raising – Awareness of Child Abuse Prevention”</b> ; 10AM; Springfield City Hall; 36 Court St.; 439-2243; Sponsored by: Ctr. for Human Development  <b>“Stress and You – Healthy Ways to Deal with Stress”</b> ; 10-11:30AM; Samaritan Inn, 7 Free St., Westfield; 748-9064 <b>(Open to homeless person only.)</b> Sponsored by: Mercy Medical Center   <b>“Odyssey to Relief – What is Fibromyalgia”</b> ; 11AM; Mayflower Sr. Ct.; 1516 Sumner Ave.; 782-4536  Sponsored by: Mayflower Center   <b>“Health Fair”</b> 2-4PM; Aquarius Parking Lot; 1217 State St.;	<b>12</b> <b>“Alden Baptist Church Community Health Fair”</b> ; 9-1PM; 649 State St.; (across KFC); 733-5476; Sponsored by: Alden Baptist Church

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<p><b>14</b></p> <p><b>“Health Screening”</b> 9-11AM; Hungry Hill Ctr.; 494 Armory St. 733-9411 Sponsored by: Hungry Hill Center</p>	<p><b>15</b></p> <p><b>“Teen Night”</b>; 6PM-8PM; Baystate Mason Sq. Neighborhood Health Ctr; 11 Wilbraham Rd. 794-8362 Sponsored by: Baystate Mason Square Neighborhood Health Ctr.</p>	<p><b>16</b></p> <p><b>“Fit Fest”</b>; 10AM-3PM; Springfield College Blake Arena; 263 Alden St. 748-3175 Sponsored by: Springfield College</p> <p><b>“Colon Cancer Bingo”</b>- American Cancer Society; 11AM; Mason Sq. Sr. Ctr; 439 Union St. 733-3917 Sponsored by: Mason Square Ctr.</p>	<p><b>17</b></p> <p><b>“Health Fair for All”</b> 3-6PM; 1145 Main Street; Caring Health Center 739-1100 ext. 3000 Sponsored by: Caring Health Ctr.</p> <p><b>**Unnatural Causes** will be aired on PBS</b> Check local listing.</p>	<p><b>18</b></p> <p><b>“Stress and You – Healthy Ways to Deal with Stress”</b>; 9:00-10:30 AM; Northampton Drop-Inn; 43 Center St; Northampton 748-9064 <b>(Open to homeless persons only.)</b> Sponsored by: Mercy Medical Center</p> <p><b>Alzheimer’s Disease Information Day”</b>; 10-3PM; Alzheimer’s Association; 264 Cottage St.; 787-1113 Sponsored by: Alzheimer’s Association</p>	<p><b>19</b></p>
<p><b>21</b></p> <p><b>“NATIONAL INFANT IMMUNIZATION WEEK”</b></p>	<p><b>22</b></p> <p><b>“Springfield South WIC Fair &amp; Tour”</b> 3:30-5PM; Springfield South WIC; 860 Boston Rd. 693-1029 (new facility) Sponsored by: Springfield WIC Program</p>	<p><b>23</b></p> <p><b>“Living Longer Better” “Healthy &amp; Happy”</b>; 11AM; Mason Sq. Sr. Ctr.; 439 Union St. 733-3917 Sponsored by: Mason Square Ctr.</p>	<p><b>24</b></p> <p><b>“Women’s Voices, Women’s Lives,” Film</b> (Location: To be announced.) 787-6756</p> <p><b>“Public Health Fair”</b>; 10-1PM; VACA parking lot; 433 Belmont Ave. 733-9373 Sponsored by: Springfield VACA</p> <p><b>“Blood Pressure for Seniors”</b>; 1PM; Pine Point Sr. Ctr.; 335 Berkshire Ave. 732-1072 Sponsored by: Pine Point Ctr.</p>	<p><b>25</b>“Stress and You – Healthy Ways to Deal with Stress”; 9:30AM-11AM; Soup Kitchen; 769 Worthington St., 748-9064 <b>(Open to homeless persons only.)</b> Sponsored by: Mercy Medical Ctr.</p> <p><b>“Health Fair”</b> 10AM-2PM; Spanish American Union; Main &amp; Church St.; 734-7381 Sponsored by: Spanish American Union; La Casa Hispana</p> <p><b>“Oral Health-American Dental Asso. – Dental Minute”</b>; 11AM; Mayflower Sr. Ctr. 782-4536 Sponsored by: Mayflower Ctr.</p> <p><b>“Intergenerational Community Meals Workshop”</b>; 5:30-7:30PM, Space is limited, please call 1-800-247-9632 ext. 113 Sponsored by: Foodbank of Western Ma (note: Workshop will run through June 20th; an 8-week series workshop on Fridays.)</p>	<p><b>26</b></p> <p><b>“Springfield Food Policy and Obesity Conference”</b>; 10AM-2PM; <b>(Location: to be announced.)</b>263-6500 Sponsored by: Springfield Partners for Community Action</p> <p><b>“Work it Out” – Peaceful Solutions to Everyday Life Conflicts</b>; 1-3PM; Basketball Hall of Fame 858-3109 Sponsored by: Square One</p>

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<p>28 "NATIONAL SAFE KIDS WEEK"</p> <p>"COVER THE UNISURED WEEK"</p>	<p>29</p>	<p>30</p>	<p><b>**"UNNATURAL CAUSES.....is inequality making us sick?" A four-hour documentary series exploring America's racial and socioeconomic inequities in health.</b></p>
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